

QUINTESSENTIAL APPLICATIONS

PROFICIENCY REQUIREMENTS

GENERAL PROFICIENCY REQUIREMENTS

- Attend all 15 QA Sessions AND/OR purchase the QA DVDs for Sessions not attended
- Own the QA Reference Manual: *Quintessential Applications: A(K) Clinical Protocol*
- Own the QA Audio CDs: “The Neurological Rationale for a Comprehensive Clinical Protocol Using Applied Kinesiology Techniques”
- Pass Level 1 and/or Level 2 Proficiency Exams.

LEVEL 1 PROFICIENCY REQUIREMENTS

- Written examination covering Sessions 1-7 and QA Audio CDs
- Brief practical exam (including muscle testing and fundamental procedures)
OR previous successful completion of an ICAK approved Basic Course or an ICAK approved Muscle Testing Course
- 2 brief case reports:
“IRT Stories” (one paragraph each)

LEVEL 2 PROFICIENCY REQUIREMENTS

- Written examination covering all 15 Sessions and QA Audio CDs
- 2 case reports:
 1. Brief interesting case story (one paragraph)
 2. Longer (one page) case history following a patient’s case (history & chart progress notes) for at least 3 treatment sessions demonstrating the use of the QA *Clinical Protocol* presented in a format for publication